

1st EUROPEAN ROMA FOCUS MEETING

gynecology, obstetrics,
reproductive medicine:
best outpatient practice



guidelines and debates

Rome, January 23-25, 2014



SAPIENZA
UNIVERSITÀ
DI ROMA



POLICLINICO
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www.romafocusmeeting.it

PRELIMINARY PROGRAM

Guidelines Cochrane Reviews Evidence Based Medicine



Dear Colleague,

as you well know, during our work every day we face clinical questions, which often are difficult to resolve. There could be cases in which making a decision is controversial, particularly in outpatient setting.

The purpose of this conference is to meet the specialists needs, trying to find an answer to questions that arise in our daily clinical practice, offering insights on hot topics. All invited speakers are experts in their field, with recognized teaching skills.

Each presentation will be judged in real time by congress attendants, for quality, completeness and clarity of exposition.

After each session a workshop on clinical cases will be held and congress attendants will have the opportunity to participate in an interactive manner in problems solving, encouraging the exchange of knowledge and experiences between colleagues.

We are confident that this innovative approach to communication and scientific update will be appreciated and constructive. Our goal is to give scientifically validated and useful information in order to follow the best practice in our daily activity, meeting international Guidelines and Cochrane Reviews.

In order to achieve this there will also be interactive sessions between participants and more accredited opinion leaders in the industry, with the aim to create a friendly environment.

Pierluigi Benedetti Panici

Gian Carlo Di Renzo

Vincenzo Scotto di Palumbo

Sergio Pecorelli



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News and Updates

- Technology and computer science in Gynecology and Obstetrics
- Sexuality in pregnancy and puerperium
- Sexuality in menopause
- HRT in elderly
- Wellness and Fitness in pregnancy
- Wellness and Fitness in menopause
- HPV: new indications for vaccination
- Preservation of fertility
- Treatment of infertility
- Updates in the treatment of fibroids and of AUB
- Tips and tricks for the treatment of persistent vulvovaginitis
- Sex ormons are neuroprotective?
- Nutrition in pregnancy
- Cosmetology in Obstetrics
- Cosmetology and Plastic Surgery in Gynecology
- Updates in endometriosis
- Updates in HRT
- Updates in contraception
- Updates in chronic pelvic pain

Main Topics

- Guidelines in Obstetrics and Gynecology
- Cochrane Reviews in Obstetrics and Gynecology
- Best Practice
- Contraception
- Dysfunction of the pelvic floor
- Chronic Pelvic Pain
- Ultrasound: Gynecology, Obstetrics, 3D
- Endometriosis: management and treatment
- Gynecological endoscopy
- HPV
- Infections in Gynecology
- Infections in Obstetrics
- Menopause
- Treatment of preterm birth / abortion
- Osteoporosis
- Poliabortivity
- Pre-pregnancy screening
- Stem cells in Obstetrics and Gynecology
- Laser and radiofrequency
- Legal medicine in outpatient setting



Program at-a-glance

Time	Wednesday, January 22, 2014	Thursday, January 23, 2014	
8:30-9:00 am		Plenary Lecture: Antiageing Therapy	
9:00-10:00 am		Session 1 Chronic Pelvic Pain and Endometriosis	
10:00-10:30 am		Discussion and clinical cases	
10:30-11:00 am		Coffee break	
11:00-11:30 am		Plenary Lecture: Gynecological Office in the future	
11:30-12:30 pm		Session 2 Sexually transmitted disease	
12:30-1:00 pm		Discussion and clinical cases	
1:00-2:00 pm		Lunch	
2:00-2:30 pm		Plenary Lecture: Dialogue between brain and immune system	
2:30-3:30 pm	Post Graduate Courses PG-1 Menopause and HRT PG-2 Reproductive Medicine PG-3 Breast Disease PG-4 Hysteroscopy	Session 3 Contraception	
3:30-4:00 pm		Discussion and clinical cases	
4:00-4:30 pm		Coffee break	
4:30-5:00 pm		Plenary Lecture: Living more than one-hundred years and happy	
5:00-6:00 pm		Session 4 Hormonal Treatment in Gynecology (post-menopause)	
6:00-6:30 pm		Discussion and clinical cases	
7:00 pm		Welcome Ceremony	Social Event

Insights, Controversies and Debates Best Practice



Friday, January 24, 2014	Saturday, January 25, 2014
Plenary Lecture: SERMs and SPRMs	Plenary Lecture: Gender identity: an anthropological point of view
Session 5 Obstetrics 1	Session 9 Gynecological Oncology
Discussion and clinical cases	Discussion and clinical cases
Coffee break	Coffee break
Plenary Lecture: Desire for a child: which are the limits	Plenary Lecture: Wellness and enzyme activation
Session 6 Obstetrics 2	Session 10 Cosmetogynecology
Discussion and clinical cases	Discussion and clinical cases
Lunch	Lunch
Plenary Lecture: Prevention in the very elderly	Closing Ceremony
Session 7 Diagnostics: Obstetrics	Post Graduate Courses PG-5 Sonography in Gynecology PG-6 Sonography in Obstetrics PG-7 Cosmetogynecology PG-8 Gynecological Office in the Future
Discussion and clinical cases	
Coffee break	
Plenary Lecture: Past, present and future of HRT	
Session 8 Diagnostics: Gynecology	
Discussion and clinical cases	
Social Event	



**Post Graduate Courses
Pre-Congress
Wednesday, January 22, 2014**

**PG-1
Menopause and HRT**

Join this Course to get the ultimate news on postmenopause and the use of hormone replacement therapy and alternative treatments. Also, insights on physiopathology and sexuality in postmenopause will be provided.

**PG-2
Reproductive Medicine**

This Course will cover all the steps of the diagnosis and treatment of the infertile couple. The information given will be evidence-based and will follow strictly current guidelines on the topic.

**PG-3
Breast Disease**

A full coverage of breast diseases will be proposed in this Course. Epidemiology, screening, diagnosis, benign disease, breast cancer, management of breast cancer survivors will be the topics covered by the renowned Faculty.

**PG-4
Hysteroscopy**

Both lectures and hands-on sessions will be the core of this Course. The lectures will cover the main aspects of modern hysteroscopy, from diagnostic to office-procedures, to major operative procedures in the operating theater. The hands-on sessions will enable the participants to practice on inanimate models with the latest technology and instruments.



Post Graduate Courses

**Post-Congress
Saturday, January 25, 2014**

PG-5

Sonography in Gynecology

This Course will cover all the current aspects of ultrasonography in gynecology, from the use of contrast media for the evaluation of tubal patency to the use of 3D ultrasound for the diagnosis of uterine malformations, from the US diagnosis of deep endometriosis to the use of US in urogynecology.

PG-6

Sonography in Obstetrics

In this Course, the use of ultrasound in first, second and third trimester of pregnancy will be addressed, with detailed reference to current guidelines. Prenatal diagnosis will be also fully covered.

PG-7

Cosmetogynecology

Cosmetogynecology is the ultimate frontier in gynecology, both in the office and in the operating room. This Course will cover everything from minor office procedures to major surgery for genital malformations. Aesthetic procedures, such as vaginal rejuvenation and labia minor reduction, will also be addressed.

PG-8

Gynecological Office in the Future

The medical profession in the era of the web 2.0 is no more as it was even one or two years ago. Smartphone applications, software, hardware, all have brought a revolution in our office, which will not be the same. Join this Course, and bring the ultimate news in your own office!



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Information

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Abstract deadline

November 30, 2013

Instructions for abstract submission available on www.romafocusmeeting.it

Registration Fees until November 30, 2013

Delegate € 400,00 vat included

Students/Residents/Nurses € 150,00 vat included

Registration Fees after November 30, 2013

Delegate € 550,00 vat included

Students/Residents/Nurses € 200,00 vat included

Additional fees may be requested for Post Graduated Courses.

Registration form available on www.romafocusmeeting.it and www.ellesseeventi.it